

Out and About Costs		Prices from July 2021	
	FULL COST	SUBSIDISED COST	ADDITIONAL COSTS
Lunch Abouts	\$20 per Hour	\$15 per Day	The cost of any lunches, drinks and/or tickets incurred on the day.
Prices costs includes transport to and from your home.			
	FULL COST	SUBSIDISED COST	ADDITIONAL COSTS
Centre Based	\$20 per Hour	\$20 per Day	None
Prices include Morning Tea, Lunch, Programme and Transport.			
SHORT NOTICE CANCELLATIONS INCURE A 50% OF SERVICE FEE.			

There are two way to attend Out and About at a Subsidised Rate:

1. Have a referral though **My Aged Care** for Group Social Support. You pay the subsidised rate and additional costs.
2. Have a referral from your **Home Care Package** provider for Group Social Support. You pay any additional costs and your Home Care Package pays the Full Cost of service.



Meals on Wheels
Eurobodalla

OUT & ABOUT

Autumn 2023

Programme

Please call the Meals on Wheels office on 4474 4464 by **3pm Thursday** to book in for the following week.

All bookings will be confirmed by the Out and About team according to spaces available and logistical practicality.

For southern trips priority is always given to clients who live in the south.



AUTUMN PROGRAMME 2023

March		
Monday	Tuesday	Thursday
		2nd Tilba Valley Winery
6th Explore Narooma Shops The top end of town	7th Moruya Waterfront	9th Historical photography CWA lunch
13th Bateman's Bay shopping Sawatdee Thai	14th Bermagui Beach Hotel	16th Fishing at Nelligen & Nelligen Café Lunch
20th MT/Lunch Moruya Birds of a feather @ Bas Moruya	21st Raymond's & Bateman's Bay Heritage Museum	23rd Narooma Men's shed Lunch at Golf Club Narooma
27th Mogendoura Farm & Tukka Café Moruya	28th High Tea Dalmeny & Narooma Ice Creamery	30th Brunch at Moruya High School Catering students

April		
Monday	Tuesday	Thursday
3rd Explore Mogo Courtyard Café/ Mogo Fudge Shop	4th Bodalla Bakery	6th Edward Rd Market and Batehaven Bakery
10th EASTER MONDAY Public Holiday	11th (Hub) Black Pepper & Lolly shop B/Bay Nelligen River Café	13th Three 66 Café Lilli Pilli
17th Moruya Bowling Club	18th The Shake Up Café Cobargo	20th Explore Bodalla & Bodalla Bowling Club
24th Moruya Anzac Day Craft/ Cooking	25th ANZAC DAY Public Holiday	27th Burrill Lake Bakery & Fish and Chips
Occasionally our outings may change due to unforeseen circumstances. While we endeavor to run the programme according to the original schedule, sometimes these changes are outside our control. We will advise in advance if we are able.		

May		
Monday	Tuesday	Thursday
1st Shopping Batemans Bay & Raymond's	2nd Bermagui Country Club	4th Lunch with the Moruya CWA ladies
8th Possible Public Holiday for King's Coronation	9th King's Coronation Celebration High Tea Dalmeny	11th The Tree House Café Ulladulla
15th Narooma Shopping & Ice Creamery lunch	16th Cobargo Hotel	18th South Wind Equestrian Center
22nd Narooma Bowling Club	23rd (Hub) Catalina Country Club	25th Saltwood Café and Lifestyle Kiola
29th Moruya Health Food Cafe	30th The Patch Tomakin	

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